

a thousand voices. a single dream. unified.

YOUTH ADVOCACY

INTEGRATED YOUTH SERVICES

OCTOBER IS
**BULLYING
PREVENTION
MONTH**

JOIN SAN DIEGO UNIFIED IN SUPPORTING
STAFF & STUDENTS IN ENDING BULLYING IN
OUR SCHOOLS!

Contact us at youthadvocacy.sandi.net for help
with starting up your campaign and awesome
programming for your school.

We're here to support students and teachers
in their efforts to wipe out bullying. Below are
some ideas to jump start your campaign.

When you register your school at the link below,
the Youth Advocacy Department will be in
contact to offer support and more great
programming and campaign ideas.



register your school today!

<https://goo.gl/8eufpJ>



October 1, 2018

The first Monday of every October is World Day of Bullying Prevention™!

On this day students, schools, and communities all over the world go BLUE together against bullying. It also kicks off National Bullying Prevention Awareness Month every October.



#BlueUP

**WEAR BLUE FOR
WORLD DAY OF
BULLYING
PREVENTION**

Week of October 8

Make friends with someone you don't know at school

Be a leader. Take action and don't let anyone at school be in isolation.

Challenge Others To Be Kind

Make kindness go viral with an act of kindness and challenge friends and classmates to pay it forward with their acts of kindness.

October 11th is National Coming Out Day
NCOD acknowledges a world in which it is safe for LGBTQIA+ youth & adults to be open about their identities at school and beyond.

Week of October 15

STAND up for Others Week!!!

When you see someone being bullied, be brave and STAND UP for them. Bullies have been known to back off when others stand up for victims.

If you don't feel safe get the help of an adult immediately.
Be part of the solution -- not the problem!



Week of October 22

Week of Inclusion

Don't let anyone at school eat alone in the cafeteria or on a school field trip. Make it the week of #NOONEEATSALONE

Include other students in school activities

Include other students in after school activities

Invite someone you don't now that well to sit next to you on the bus.

Learn about each other.

Week of October 29

Start the Week With Conversations Amongst Your Peers

Meet with fellow students and discuss how you can change the culture at your school.

Hold a discussion in your classroom where you allow students to openly speak and discuss their experiences with bullying and cyberbullying, and how these experiences have effected them and how they dealt with these moments.

